

Evaluation of the Pharmacological Descriptors Related to the Induction of Antidepressant Activity and its Prediction by QSAR/QRAR Methods

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Abstract: Antidepressants are psychiatric agents used for the treatment of different types of depression, being at present amongst the most commonly prescribed drugs, while their effectiveness and adverse effects are still the subject of many studies. To reduce the inefficiency of known antidepressants caused by their side-effects, many research efforts have recently focused on the development of improved strategies for new antidepressants drug design. For this reason it is necessary to apply very fast and precise techniques, such as QSAR (Quantitative Structure-Activity Relationships) and QRAR (Quantitative Retention-Activity Relationship), which are capable to analyze and predict the biological activity for these structures, taking in account the possible changes of the molecular structures and chromatographic parameters. We discuss the pharmaceutical descriptors (van der Waals, electrostatic, hydrophobicity, hydrogen donor/acceptor bond, Verloop's parameters, polar area) involved in QSAR and also chromatographic parameters involved in QRAR studies of antidepressants. Antidepressant activities of alkanol piperazine, acetamides, arylpiperazines, thienopyrimidinone derivatives (as preclinical antidepressants) and also the antidepressants already used in clinical practice are mentioned.

Keywords: Antidepressants, drug design, membrane receptors, QSAR, QRAR, pharmaceutical descriptors.

DEPRESSION, MAJOR DEPRESSIVE DISORDER – GENERAL ASPECTS

Humans cross several mood patterns in a day, in response to environmental factors, situations and inter-human relationships. When normal emotions that express sadness become a constant and augmented expression in life, without an object, or with a past and not anymore valid cause-effect relation, a depressive disorder should be taken into consideration. This distinct change of mood must last at least two weeks to speak about a major depressive disorder, being accompanied by some disturbances of normal psychological and functional features (sleep and appetite disorders, crying, experiencing no pleasure interacting with environmental components, slow reactions, and suicidal thoughts) [1]. In order to define a major depressive episode, five or more symptoms have to be present almost daily for two weeks [2, 3].

It is a fact that an illness appears as a result of an interaction between local factors (genetic factors) and external influences. A published meta-analysis [4] concluded that major depression is a complex disorder resulting from both genetic and environmental influences. Scientists have hypothesized that predisposing genes and stress affect neuronal bio-anatomy and physiological neuronal processes [5].

Being a real public health problem, depression requires several therapy approaches with the main goal to regain the patients' baseline level of functioning. Recent guidelines [6] recommend initiating appropriate treatment in patients with mild to moderate major depressive disorder and definitely in those with severe acute major depressive disorder, unless electroconvulsive therapy is planned. Specific pharmacotherapy has to be provided in the continuation, as well as in the maintenance phase. Also, patients with depression have a higher risk to develop other comorbidity than those with no depression [5, 7]. A new hypothesis affirms that both cardiovascular conditions and depression have common underlying pathophysiological processes [8].

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Table 1. Classes of Antidepressants Acting on Cellular Targets

Classes of antidepressants	Antidepressants
selective serotonin reuptake inhibitors (SSRIs)	sertraline, paroxetine, fluvoxamine, escitalopram
serotonin norepinephrine reuptake inhibitors (SNRIs)	venlafaxine, desvenlafaxine, duloxetine
dopamine norepinephrine reuptake inhibitor	bupropion
norepinephrine-serotonin modulator	mirtazapine
serotonin modulators	nefazodone, trazodone
tricyclic antidepressants (TCAs)	amitriptyline, nortriptyline, protriptyline, doxepin
monoamine oxidase inhibitors (MAOIs)	phenelzine, tranylcypromine, moclobemide

CLASSIFICATION OF ANTIDEPRESSANT AGENTS BY THEIR MECHANISM OF ACTION

The “first-generation” antidepressants were introduced in the late 1950s, comprising the tricyclics and monoamine oxidase inhibitors. New classes of drugs to treat major depression have been developed since then (see Table 1) [9]. There are also under development new antidepressants, like triple reuptake inhibitors, dual-acting serotonin reuptake inhibitors, histamine agonists, etc. [10].

Actual guidelines from the American Psychiatric Association [6] for the treatment of major depressive disorders consider the following classes of antidepressants, selected and presented in Table 1.

ANTIDEPRESSANTS – CLINICAL EVIDENCE

There is still a debate if all antidepressants show similar effectiveness rates. Most comparisons regarded the differences, if any, between TCAs and SSRIs. Results favored mostly TCAs in respect of benefits, especially discussing the case of severe depression when treatment was addressed to in-patients. Thus, Parker *et al.*, [11] found that effectiveness rates were distinctly higher for TCAs than for SSRIs in patients meeting the melancholia criteria, but were quite similar for both drug classes in patients with milder depressions. This tendency was observed in a meta-analysis cited by Parker [12]. Some study [13, 14] show that newer antidepressants were more effective than placebo in several depression forms, with no differences among newer agents, but also with no significant difference in terms of effectiveness between older and newer antidepressants.

Anderson [15] showed in his meta-analysis that SSRIs are generally as effective as TCAs, and SSRIs are better tolerated than TCAs. Both conclusions are labeled as findings with higher confidence.

The American College of Physicians (ACP) stated recently [16], based on published data, that there are no significant differences among second-generation antidepressants in terms of efficacy and effectiveness; the choice of medication within this class of drugs is made considering the time to onset of action of certain compound and the potential adverse effects. ACP elaborated recommendations in order to use antidepressants [17, 18]. A major benefit in using antidepressants would be the impact

on mortality by decreasing it. Almeida *et al.*, [19] showed in their study that antidepressants don't reduce mortality rates of elderly men with persistent depression symptoms.

Pigott *et al.*, [20], after examining the current state of efficacy and effectiveness of used antidepressants, concluded that there is needed a reconsideration of the standards that define the depression management.

GENERAL OVERVIEW OF DESCRIPTORS USED IN QSAR TO PREDICT BIOLOGICAL ACTIVITY IN PSYCHIATRIC DISEASES AND 2D-QSAR METHODS

At present, QSAR studies using both the classical quantitative structure-activity relationship (2D-QSAR) [21-23] and also 3D-QSAR approaches [24-31] enhanced our knowledge about psychiatric drugs and their interactions with different membrane receptors. Considering the severe side-effects of antidepressants [32-34] and, also, the large number of membrane receptors involved into (e.g., dopamine, serotonin, epinephrine receptors) the real interest of pharmacological industry is to develop new, more potent antidepressants. When the antidepressants mechanisms are discussed, frequently serotonin [35, 36], epinephrine [37, 38] and dopamine [39, 40] receptors are considered. Although 3D structures of these membrane receptors have not been experimentally resolved, there are few studies [41-43] attempting the modeling of D2 dopamine and serotonin receptors. Unfortunately, this is not enough, because the interactions between antidepressants and membrane receptors involved not only membrane receptors presented above, but many other receptors for which the 3D structures are also not available. In these conditions, the QSAR methods remain the only option, being useful when the 3D structures of the receptors or proteins are unknown.

Basically, all QSAR methods consider that the macroscopic properties are induced by the molecular structure and every change into molecular structure leads to modification of these properties [44, 45]. A major QSAR goal is to generate the pharmacophore, represented as an ensemble of steric and electronic characteristics that are necessary to obtain the optimal interactions with a specific biological target (membrane receptors) and to trigger its biological response. The resulting model can be used either to search 3D databases for new molecules that contain a combination of these structural features or to understand

structure–activity relationships within series of biologically active molecules, in order to guide medicinal chemistry efforts in the design of novel compounds having improved affinity and potency [46].

In many QSAR studies, the reciprocal logarithm of the constant of inhibition, K_i [47, 48], is correlated with physicochemical descriptors like Verloop Sterimol parameters [49], van der Waals volume and surface [50] or Connolly surface area [51], electrostatic [52-54], hydrophobic coefficient [55], or Hansch aromatic fragment [56].

At present are available a huge number of molecular descriptors computed by dedicated software packages (MOE [57], SYBYL [58], Cerius [59], etc). These can be classified in 2D molecular descriptors [57-65] and 3D molecular descriptors (potential energy descriptors as well as conformation-dependent charge descriptors [57-59, 66]. A short description of few molecular descriptors available in MOE and Sybyl software is illustrated in Table 2.

GENERAL OVERVIEW OF 3D-QSAR METHODS APPLIED TO MEDICINAL CHEMISTRY

3D-QSAR methods consider that the interactions between the biological target and ligands are taking place in a three-dimensional space. In 3D-QSAR approaches, quantitative models are constructed relating biological activities of small molecules with their 3D properties. The aim of 3D-QSAR methods is to identify the spatial properties represented by the similarity or dissimilarity, respectively, between energetic force fields of biological target and their inhibitors, respectively.

Some alignment-dependent 3D-QSAR methods (Comparative Molecular Field Analyses (CoMFA) [67, 68] and Comparative Molecular Similarity Indices (CoMSIA) [69] and alignment-independent 3D-QSAR-ALMOND are frequently used [70].

CoMFA considers that the steric and electrostatic descriptors are the most important for interaction between ligands and cellular targets while supplementary, CoMSIA used hydrophobic and hydrogen donor/acceptor bond properties. Also, supplementary, 3D-QSAR-ALMOND considers the interaction with different species of ions (sodium, potassium, calcium, iron, etc).

The multivariate statistics methods such as partial least squares (PLS) [67], is used to extract the orthogonal

principal components of QSAR matrix [67, 68]. Statistical parameters which validate the QSAR model are represented by SD (standard deviation), q^2 (cross-validate r^2), R^2 correlation factor, SEE (standard error of estimate) and F (Fisher) [67].

DEVELOPMENT OF PREDICTIVE QUANTITATIVE RETENTION-ACTIVITY RELATIONSHIP MODELS (QRAR)

As many others drugs, psychiatric drugs are provided also as pills and, in this case, it is considered the intestinal absorption of drugs [71] involves the number and strength of the hydrogen bonds which are formed between drugs and water molecules and appropriate affinity of the drugs to membrane lipids [72]. The distribution of many drugs to the brain is a more selective process than the distribution to other organs. This fact is a consequence of the blood-brain barrier (BBB) action which allows only a restricted distribution from blood to brain. The distribution of tricyclic antidepressants from plasma to brain, where these drugs exert their main clinical action and other organs is related to transport events across the cell membranes of the different tissues. It could be expected that all the molecular features that condition the transport processes (mainly hydrophobicity and molar total charge) also control the pharmacokinetic and biochemical behavior [72].

The application of chromatographic parameters in QSAR generated a new field, quantitative retention-activity relationship (QRAR) [72-74]. Basically, QRAR considers that the same intermolecular interactions determine the behavior of chemical compounds in both biological and chromatographic environments. A great deal of efforts have been made to develop biological chromatographic models such as immobilized artificial membranes chromatography [75], immobilized liposomes chromatography [76], micellar liquid chromatography (MLC) [72, 77, 78] or biopartitioning micellar chromatography (BMC) [72, 73] which is a mode of micellar liquid chromatography useful to simulate the drug's passive absorption and the transport in biological systems.

APPLICATION OF QSAR AND QRAR METHODS FOR DEVELOPING NEW ANTIDEPRESSANT DRUGS

The lack of knowledge regarding the three-dimensional structures of the membrane receptors and the high costs of antidepressants synthesis [32] can be real obstacles for

Table 2. Selected Molecular Descriptors Useful for Psychopharmacological Studies Available in MOE and SYBYL Software

Descriptors	Description	software
Refractivity descriptor (SMR_VSA)	denotes the contribution to molar refractivity for atom i as calculated in the SMR descriptor	MOE
Hydrogen donor/acceptor bond character	number of acceptor/donor atoms	SYBYL
Hydrophobicity	number of hydrophobic centers	SYBYL
Dipole moment	descriptors based on dipole moment are calculated as total dipole moment and its X, Y, and Z components	SYBYL
Polar surface area (PSA)	includes all O, N, and S atoms, as well as hydrogens covalently bonded to these atoms.	SYBYL

psycho-pharmaceutical studies.

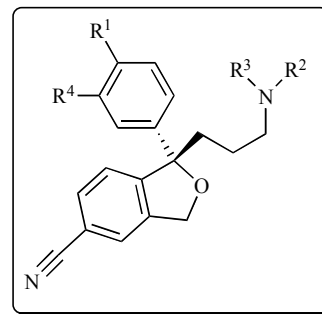
Recently, many research groups have applied QSAR techniques to develop new, more potent antidepressant drugs. The most important aims of these studies were to explain, by using QRAR and QSAR, the regulation mechanisms induced by antidepressants at the membrane receptors. To give a complete image of the depression mechanisms, the QSAR studies were applied also to the autoreceptors [72, 79], which are also involved in this disease. Here we present QSAR and QRAR studies applied to piperazine [80], acetamide [81], arylpiperazine [82-84], thienopyrimidinone [85] derivatives proposed as possible antidepressants and also QSAR/QRAR studied involved the antidepressants already used in depression treatment are discussed [72, 79].

A study by C. Quinones-Torrelo *et al.*, [72] established by using QRAR the relationships between the micellar liquid chromatography retention data (MLC) and some pharmacokinetic parameters of tricyclic antidepressants (half-life time, volume of distribution (Vd), plasma clearance (CLM) and therapeutic plasma level (TPL)). Also, using QSAR allowed to obtain the correlation between observed and predicted antidepressant activity, express as IC_{50} (concentration for 50% inhibition) of 15 tricyclic antidepressants at reuptake noradrenaline (NA) and serotonin (5-HT) receptors and adrenergic (α_1) and histaminic (H1 and H2) receptors. Also, the inhibition constant K_i of same antidepressants at brain adenylate cyclase localized in hippocampus and neocortex were taken into account for QSAR studies. Analysis of retention behavior of antidepressants shows that it depends not only on the hydrophobic interactions but also on the molar total charge and steric properties of the compounds. The best correlation between retention behavior ($\log k$) and hydrophobic coefficient, $\log P$, was obtained when the molar total charge of compounds was included into the model (i.e., fitted correlation parameter $R^2 = 0.91$) and were proved that retention data ($\log k$) and pharmacokinetic parameters are into polynomial correlation.

Some observations were made when the relationships between the of tricyclic antidepressants for NA and 5-HT reuptake in rat brain and the logarithm of retention data has been studied: (i) in both cases the polynomial model was applied; (ii) the coefficients in the QRAR model for the blockade of NA reuptake were statistically significant ($R^2 = 0.97$) but the corresponding values to the blockade of 5-HT reuptake were statistically non-significant; (iii) the relationships between $\log IC_{50}$ values for NA and 5-HT reuptake and $\log k$ values were statistically significant at the 95% confidence level. All results of study lead to conclusions that the quantitative retention- activity relationships (QRAR) is a preferable alternative (and sometimes an unique option) to QSAR models in order to obtain estimation or at least useful qualitative information about drug activity.

Avram *et al.*, [79] established by using 3D-QSAR-ALMOND the membrane ions' contributions supplied by donor/acceptor hydrogen bond and electrostatic properties of 18 antidepressants at the SERT active site. Significant cross-validated correlation q^2 (0.5–0.6) and the fitted correlation

coefficient R^2 (0.7–0.82) were obtained indicating that the proposed QSAR models can predict the antidepressant activity of selected compounds. During this study, significant 3D-QSAR models were developed in the following manner: (i) combination of atom probes sodium and phenyl-OH ($q^2 = 0.60$; $R^2 = 0.80$), (ii) combination of atom probes potassium and phenyl-OH ($q^2 = 0.56$; $R^2 = 0.81$); (iii) combination of atom probes calcium and phenyl-OH ($q^2 = 0.60$; $R^2 = 0.80$). In this study, authors suggested a number of 24 new escitalopram derivatives as possible antidepressants and their affinity to SERT was predicted in accordance with estimated 3D-QSAR models. The skeleton structure of escitalopram derivative is presented below.

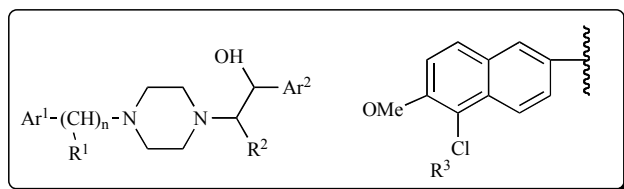


A real improvement of escitalopram's predicted activity within the SERT were reported for derivative 20 ($R_1 = F$, $R_2 =$ ethyl, $R_3 =$ ethyl, $R_4 = H$; the biological activity of derivative differences to the parent biological activity = 0.43), derivative 21 ($R_1 = F$, $R_2 =$ propyl, $R_3 =$ propyl, $R_4 = H$, the biological activity of derivative differences to the parent biological activity = 0.41) and derivative 23 ($R_1 = F$, $R_2 =$ ethyl, $R_3 =$ ethyl, $R_4 = F$, the biological activity of derivative differences to the parent biological activity = 0.50).

In their aim to predict in a judicious manner the antidepressants activity of new escitalopram derivatives at SERT, authors suggested some conclusions. First, the simultaneous presence of diethyl groups at the amine tail and two fluorine atoms at the phenyl ring increased the antidepressant activity while the antidepressant activity is the drastically decrease by the presence of dimethyl or dibutyl group linked by the amine tail or by the presence of primary amine. Secondly, the results indicated that the judicious modulations of the physicochemical properties, particularly hydrophobic and electronic are able to increase antidepressants' effects. Binding affinity of an antidepressant can be influenced by the simultaneous presence of the cations and of the hydroxyl anion, while the simultaneous presence of water atoms and of the cations can modified the binding affinity, but certainly in a weaker manner than the presence of hydroxyl.

In 2009, Chen KX *et al.*, [80] developed a very complex 2D, respective 3D-QSAR, models which predicted the antagonism activity of 32 aryl alkanol piperazine derivatives at 5-hydroxytryptamine (5-HT) reuptake and noradrenaline (NA) reuptake receptors. More, the robust 2D/3D-models were applied to predict the antagonism activities of 15 newly designed molecules as possible antagonists of 5-HT reuptake and NA reuptake receptors. The skeleton structures of aryl

alkanol piperazine derivative proposed in this study are presented below.



The statistically significant 2D-QSAR models (fitted correlation $R^2 > 0.924$, cross-validated correlation $q^2 > 0.870$) were developed using genetic function approximation (GFA) when the number of descriptors in equation was set to four. In this study the results of the 2D-QSAR models were further compared with 3D-QSAR models generated by molecular field analysis (MFA), investigating the useful information in the characterization of specific inhibition of aryl alkanol piperazine derivatives at serotonin and noradrenaline receptors mentioned above.

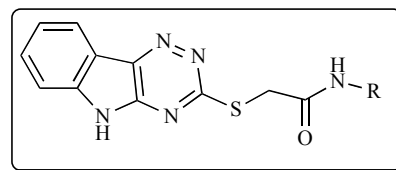
In this study, a large number of molecular descriptors with nonzero values were taken into account but at the end just eight of them were kept. These descriptors and chemical and physical considerations on the descriptors are presented in Table 3.

The results of 2D-QSAR study shown that $Atype_C_6$, Dipole-mag, $S_{sss}CH$ and Jurs-PNSA-3 mainly influence the antagonism activity of alkanol piperazine derivatives at 5-HT reuptake receptor ($q^2 = 0.879$; $R^2 = 0.926$) while HOMO, PMI-mag, $S_{sss}N$ and Shadow-XZ are important for antagonism activity of alkanol piperazine derivatives at NA reuptake receptor ($q^2 = 0.871$; $R^2 = 0.925$).

Conclusions of the study about the antagonism of alkanol piperazine derivatives at 5-HT reuptake receptor show that the compounds having larger dipole moment may show less antidepressant activity while increasing Jurs-PNSA-3 value in a molecule could increase antidepressant activity (derivative 11, $Ar^1 = 2-OMe-Ph$, $Ar^2 = R^3$, $R^1 = H$, $R^2 = CH_3$, $n = 0$, pK_i residual value = -0.040) and 13 ($Ar^1 = 2,3-Me_2-Ph$, $Ar^2 =$

R^3 , $R^1 = H$, $R^2 = CH_3$, $n = 0$, pK_i residual value = 0.226). Also, by increasing the presence of $S_{sss}CH$ it would be possible to reduce the 5-HT reuptake inhibition. About the antagonism of alkanol piperazine derivatives at NA reuptake receptor, it was possible to notice that the presence of HOMO and $S_{sss}N$ mainly controlled the NA reuptake inhibition. Also, the results show that the increased of $S_{sss}N$ lead to more NA reuptake inhibition while decreased Shadow-XZ a great pK_i NA reuptake receptor was obtained.

Shelke. S *et al.*, [81] synthesized a series of 2-(5H-[1,2,4]triazino[5,6-b]indol-3-ylthio)-N acetamides namely compound (3a-r) and identified these derivatives as potential antidepressants by using QSAR. The skeleton structure of acetamides derivative is presented below.



Based on structural variation and antidepressant activity, measured in terms of percentage decrease in immobility duration (%DID), compounds were divided into a training set (thirteen compounds) and a test set (four compounds). The best QSAR model was selected on the basis of statistical parameters like squared correlation coefficient (R^2), standard deviation (SD), Fisher's value (F) and cross-validated correlation q^2 . Biological activity of selected compounds, expressed as $\log(\%DID)$ was correlated with descriptors like: dipole moment, solvent accessible surface area (SASA), hydrophobic component of the solvent accessible surface area (FOSA), hydrophilic component of the SASA (FISA), π (carbon and attached hydrogen) component of the SASA (PISA), globularity descriptor (glob), total solvent accessible volume, predicted brain/blood partition coefficient (QP log BB). The best correlation between observed and predicted biological activity was obtained ($q^2 = 0.8713$, $R^2 = 0.9287$) when FOSA, PISA and globularity were included into QSAR equation. From this model it can be

Table 3. Significant Descriptors and Chemical and Physical Considerations of them

Descriptors	Chemical and physical considerations of descriptors
Atype_C_6	C in CH_2RX where X represents any heteroatom
Dipole-mag	electronic descriptor involved in ligand-receptor interactions
$S_{sss}CH$	type of the E-state indices stands for the carbon bonded to one hydrogen atom and three non-hydrogen atoms in the alkane. E-state indices encode information about both the topological environment and the electronic interaction of an atom due to all other atoms in the molecule
Jurs-PNSA-3	sum of the product of solvent-accessible surface area X partial charge for all negatively charged atoms
HOMO	highest occupied molecular orbital
PMI-mag	calculates the principal moments of inertia about the principal axes of a molecule
$S_{sss}N$	the sum of the atom level E-state values for all nitrogen atoms with three single bonds in the molecule
Shadow-XZ	area of molecular shadow in the XZ plane (S_{xz}), which can be calculated by projecting the molecular surface on mutually perpendicular XZ plane

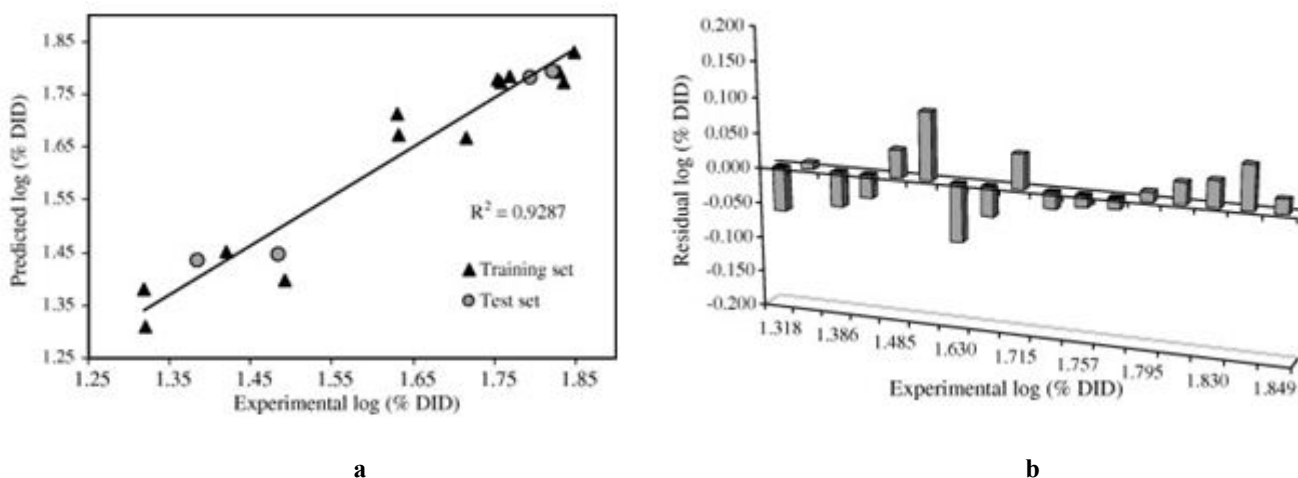


Fig. (1). (a) Plot of predicted log (%DID) against experimental log (%DID) for training and test set compounds and (b) Plot of residual log (%DID) against experimental log (%DID) (original after Shelke. S *et al.*, [81])

seen that two parameters, FOSA and globularity descriptors negatively correlate with log (%DID), while PISA correlates positively.

The results led to certain conclusions: (i) as FOSA is negatively correlated with log (%DID), any aliphatic substituent in the molecule which increases FOSA, will decrease biological activity; (ii) because PISA is positively correlated with log (%DID), any substitution which decreases aromatic hydrophobic makeup of the molecule will shrink its activity. The statistical results are supported by plots representing (a) plot of predicted log (%DID) against experimental log (%DID) for training and test set compounds and (b) plot of residual log (%DID) against experimental log (%DID) (Fig. 1).

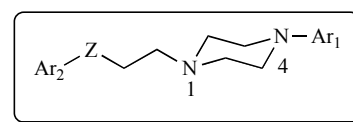
In the same study, authors noticed that any substituent on the phenyl ring diminished the activity of parent compound **3a** (R= Phenyl) and presence of bulky non-polar groups on phenyl ring as in compound **3b** (R= 2-Methylphenyl) and compound **3c** (R= 2-Methoxyphenyl) tended to lessen the activity drastically. Also, it was shown that changing of phenyl by benzyl in compound **3q** (R= Benzyl) shrunk the activity to some extent. It was noticed that replacing phenyl by cyclohexyl in compound **3r** (R= Cyclohexyl) reduced the antidepressant activity. A suitable conclusion with preclinical relevance was that compounds **3a**, **3n** (R= 4-Chlorophenyl), **3o** (R= 4-Bromophenyl), **3j** (R= 3-Bromophenyl) and **3p** (R= 4-Nitrophenyl) exhibited activity very comparable to standard antidepressant drugs moclobemide, imipramine and fluoxetine.

Interesting QSAR studies [82-85] explored the antagonism of thienopyrimidinone and arylpiperazines derivatives at 5HT receptors [82-85].

These antagonists were studied in special by Weber *et al.*, [82-84]. In one of study [84] 52 selected arylpiperazines derivatives were used to validated a robust QSAR model ($q^2 = 0.76$, $r^2 = 0.83$). In this study, the chemometric methods HCA, PCA, KNN, SIMCA and PLS were

employed in order to obtain SAR and QSAR models relating the structures of arylpiperazine compounds to their 5-HT_{1A} receptor affinities. It was confirmed that the steric descriptors are critically for antagonism activity at 5HT_{1A} receptor.

The skeleton chemical structure used by Weber in his study is presented below.



In other study, Weber *et al.*, developed a 3D-QSAR CoMFA study [83] on a large set of arylpiperazines (70 compounds in the training set and the other 18 compounds as members of the test set for external model validation) in order to generate a new pharmacophore model with potential antidepressant character.

The external predictive ability of the CoMFA model derived using the 70 training set molecules ($R^2 = 0.87$, $SEE = 0.37$, $q^2 = 0.75$) was assessed by predicting pK_i values for 18 test set molecules which were not included in the training set for model generation.

In this study, by visualization of unfavorable (gray) and favorable (black) steric regions and regions where electronegative substituents may increase the biological activity (black) was possible to notice that (Fig. 2a, b): (i) bulky groups can be accommodated and are related to increasing binding affinity, however, the benzothiophene moiety is surrounded by unfavorable steric contours, which suggests that bulkier groups would cause a decrease in 5-HT_{1A} receptor affinity; (ii) the unfavorable steric contours surrounding this region possibly delimit a receptor pocket that would not permit the accommodation of these groups.

Additionally, the pharmacophore model developed was studied for the development of new arylpiperazines with improving 5-HT_{1A} binding affinity (Fig. 2c). The structural

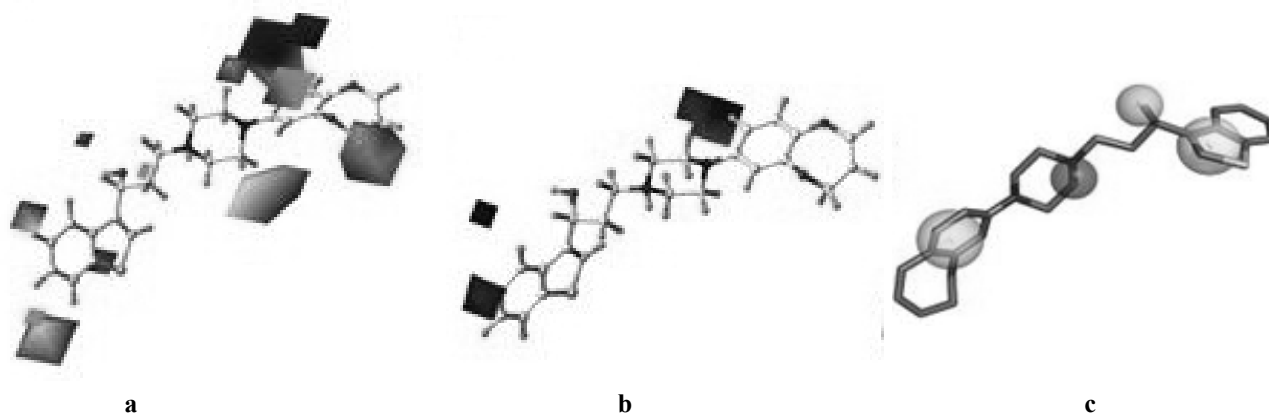


Fig. (2). CoMFA (a) steric, (b) electrostatic contour maps, c. final pharmacophore model for a series of 5-HT_{1A} receptor ligands, containing one acceptor center (white-little ball), one positive center (black), one aromatic ring (white-big ball down) and one hydrophobic center (white-big ball up) (after Weber *et al.*, [83]).

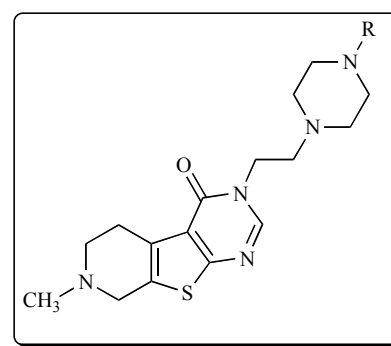
analyses of the pharmacophore model suggested that: (i) the basic nitrogen and the aromatic ring attached to the arylpiperazine moiety, in addition to the hydrophobic center and the hydrogen bond acceptor group are highlighted as key pharmacophore elements in determining binding affinity, (ii) the black sphere around the basic nitrogen of the piperazine ring can be related to the interaction between the protonated atom of the ligand and active site of the 5-HT_{1A} receptor, (iii) confirm the importance of the hydrophobic center represented by the white-big ball up on the benzothiophenyl group.

This study led to a robust 3D QSAR model of the 5-HT_{1A} binding affinity of arylpiperazines, possessing high internal and external consistency and substantial predictive power, was developed employing a pharmacophore-based alignment strategy. The CoMFA methodology was successfully applied to provide useful insights into the chemical and structural requirements for biological activity in this series of arylpiperazines. In addition, the contour maps emphasized important regions in 3D space where modifications of steric and electrostatic fields would be strongly associated with concomitant changes in the observed binding affinity. The pharmacophore model developed in this study is possible to be applied into future virtual screening studies and, along with the 3D QSAR model generated, can be a useful tool to guide further ligand-based design studies for the development of new arylpiperazines having improved 5-HT_{1A} binding affinity.

N. Dessalew [85] has studied thienopyrimidinone derivatives as antagonists of serotonin receptors 5HT_{1A} and 5HT_{1B}. The skeleton structure of thienopyrimidinone derivatives is represented below.

The QSAR models developed in this study show a good ability to predict antidepressant activity (as pKi) of thienopyrimidinone derivatives at 5-HT_{1A} receptor ($q^2 = 0.780$, $R^2 = 0.824$) and also at 5-HT_{1B} receptor ($q^2 = 0.638$ and $r^2 = 0.745$) when Verloop's steric parameters (L and B1) are involved as descriptors.

When antagonism of thienopyrimidinone derivatives at 5HT_{1A} receptor was analyzed by authors, it was noticed that the substituents with high Verloop B1 parameter are more negatively correlated with the prediction of antagonist activity of selected compounds (e.g. predicted antagonism of compounds 3, 4, 5, 7 and 9 at 5HT_{1A} receptor in comparison with the antagonism of compounds 10 and 8 at some receptor (see in comparison the residual values (observed



Compound	Residual value _{5HT1A}	Residual value _{5HT1B}
3	0.1	-
4	-0.3	-
5	-0.4	-
6	-	-0.4
7	0.2	-
8	0.01	-0.13
9	0.1	-
10	0.01	-
19	-	-0.36
20	-	-0.5
26	-	-0.01

pK_i -predicted pK_i). In a similar manner, different antagonism of thienopyrimidinone derivatives at 5HT1B is explain by the negatively correlation of Verloop B1 parameter with antidepressant activity. This appears to explain the better antagonist activity of compounds 8 and 26 in comparison with compounds 6, 20 or 19.

This study has shown that the QSAR analysis using 31 thienopyrimidinone derivatives was successfully carried out to build statistically significant models possessing a good correlative and predictive capabilities for the antagonism of both 5-HT1A and 5-HT1B receptors. The comparative investigation provided structural insights on how modulation of the steric bulk of the substituents could be usefully made to optimize the antidepressant activity. The study provided useful clues about the structural requirement for effective antagonist-autoreceptor binding chemistry and hence for the improvement of the observed biological activity. The important conclusions of this study were that the dual autoreceptor antagonistic activity observed is predominantly explained by the steric factors of substituents, and by the comparative investigation was proved how the steric bulk of the substituents could be usefully made to optimize the antidepressant activity.

CONCLUSIONS

The understanding of molecular determinants of ligand binding is critical in drug design, especially when the crystal structure of the target protein in complex with a ligand is unknown. In such situations, QSAR approaches can be useful to investigate the possible intermolecular interactions between biological receptors and small molecule ligands. Considering the important side-effects of antidepressants, the actual trend aims at developing new antidepressants. The objective of this review was to show that 3D- and also 2D-QSAR methods will continue to give important information about antidepressants drug design. Many substances, such as alkanol piperazine, acetamides, arylpiperazines thienopyrimidinone derivatives are potential candidates as antidepressants. The steric, topological, hydrogen donor or acceptor, the electrostatic or steric fields used as molecular descriptors can improve the global information about membrane receptors affinity of antidepressants. A useful approach is to separate the contributions of steric, electrostatic or lipophylic fields to the antidepressants affinity for membrane receptors. This is possible by using 3D-QSAR techniques like CoMFA, CoMSIA, ALMOND. The CoMFA methodology was successfully applied to provide useful insights into the chemical and structural requirements for biological activity in this series of arylpiperazines. The contour maps emphasized important regions in 3D space where modifications of steric and electrostatic fields would be strongly associated with concomitant changes in the observed binding affinity. Supplementary, an analysis of QSAR-ALMOND on antidepressants interactions with SERT brings up a number of points of interest.

In QSAR studies, biological membrane ions sodium, chlorine, potassium, and calcium, were critical for antidepressants activity. Also, in 2D-QSAR approaches, the selected descriptors, which encode useful information about

several aspects of molecular structure, have shown to be closely related to antidepressants affinities to membrane receptors. Here, we can give importance to steric properties well represented by the topological indices and also the electronic features of the compounds that may be involved in ligand binding to the receptor. This review provided useful information about the structural requirement for effective antagonist-autoreceptor binding chemistry and hence for the improvement of the observed biological activity. This analysis could be of help in the rational design of potential drug candidates with enhanced antagonist potency.

CONFLICT OF INTEREST

None declared.

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